



Ashly



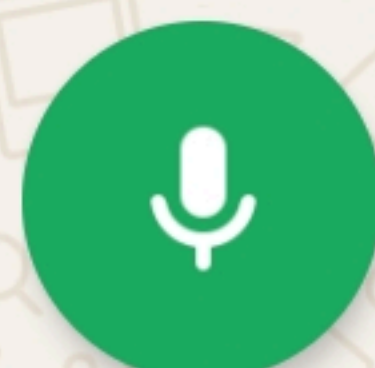
told me she deserved it. Then I asked you if you really believed that... and whether you would ever take any accountability. When I asked you whose fault it was that you beat your own kid as a small child, you blamed me too.

And when I finally told you that you no longer had a place in my life, you didn't just let go — you retaliated. You attempted to ruin my business, discredit and ruin my reputation, calling me vile names and sharing our dirty laundry where potential clients could see it. And then you went on to JUSTIFY this by saying "If I would just let you" If I would just talk to you...if I would just let you see or talk to Zoe... and even now... you wouldn't be stalking me If I would JUST do what YOU want... Well, you have no power, no authority over me anymore and you don't get to have what you want JUST BECAUSE YOU WANT IT. You crossed the ultimate line: you threatened to kidnap my child because I was trying to protect her from you.

Your actions caused profound, long-lasting emotional and psychological harm. As a child, you took away my sense of safety and belonging. You made my home a place of fear. You taught me that love was conditional,



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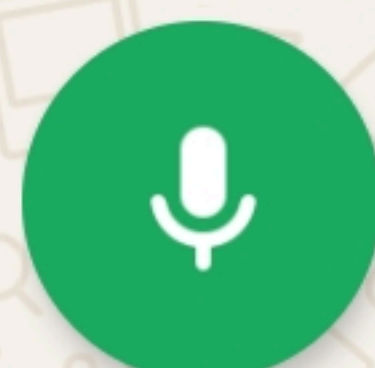
Your actions caused profound, long-lasting emotional and psychological harm. As a child, you took away my sense of safety and belonging. You made my home a place of fear. You taught me that love was conditional, that anger was love's constant shadow, and that trust was dangerous. I learned to live in hypervigilance, reading every tone, every shift in your mood, and now my partner's, ready to defend or hide myself at a moment's notice, or worse, to escalate a small nothing into a huge something because it feels safer to pick and control a fight, than it is to suddenly be a victim, like I was from your physical and emotional violence.

This kind of childhood rewires a person's brain. It changes how they relate to others, how they see themselves, and how they navigate the world. I grew up with:

- Chronic anxiety and hyperawareness, always scanning for danger.
- Low self-worth, because my father's words and actions told me I was undeserving of kindness.
- Distorted ideas of love and relationships, because my primary example was a cycle of violence.



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relationships, because my primary example was a cycle of violence, control, and betrayal.

- Emotional suppression, because speaking up often meant escalation and more abuse.



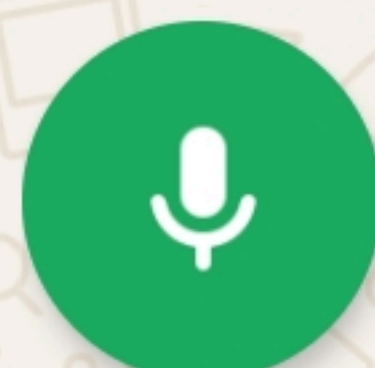
- Emotional suppression, because speaking up often meant escalation and more abuse.
- Trauma responses so deeply ingrained that even years later, I had to work to feel safe in otherwise normal situations.
- My ability to emotionally regulate in times of fear, stress, overwhelm diminished; all of which deeply impacts the most important intimate relationship I have ever had and my ability to parent my daughter calmly, lovingly and peacefully. You taught me to respond to everything with anger, rage, humiliation, condescension.

And because you only cared about yourself, I became a people-pleaser, a doormat, and someone who constantly needs reassurance and validation that I have value, meaning and purpose.

As an adult, I have carried the weight of that damage into my relationships, my parenting, and my own mental health. I have had to teach myself boundaries you never respected. I have had to unlearn the belief that my existence is inherently wrong. I have had to face the truth that the person I wanted most



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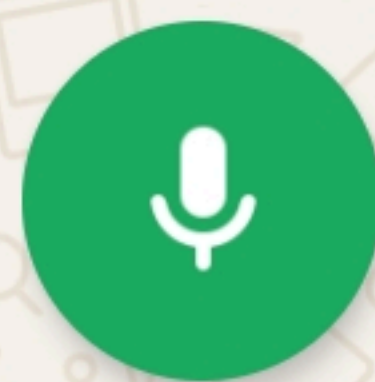
the truth that the person I wanted most to protect me was the person I most needed protection from.

The only attribute of yours that I can remember with admiration was your work ethic. It is the only attribute that I will ever positively attribute to you that I have as well from and because of you.

Please note, I don't hate you; but I do pity you. I feel truly sad for you that you grew in such an awful way that you had no role model yourself. For that, I am so deeply sorry as I was fortunate enough to come to Australia and get my education into human behaviour and trauma. Because of my education, I feel a tremendous sadness and pain that you were robbed of love and normalcy too. I do believe you probably thought you were doing the best you could -- until I think about the fact that I was 3 years old the first time I can remember you hitting me. That should have been a wake up call for you but you chose ignorance instead of insight. So while I feel sorry for you, you also had free will to choose to do better by whatever means possible -- but you didn't and it has cost me dearly. Having you in my life at this point brings no value to it; in fact, it will be a constant reminder of the pain you caused. Therefore, if you truly care



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will to choose to do better by whatever means possible -- but you didn't and it has cost me dearly. Having you in my life at this point brings no value to it; in fact, it will be a constant reminder of the pain you caused. Therefore, if you truly care about me as you proclaim, then respect my final request - leave me alone. For once in my entire life, respect this and let me go as I have you. This is not about revenge or punishment. It is about survival and healing. I cannot allow you to have any more access to me or my family.

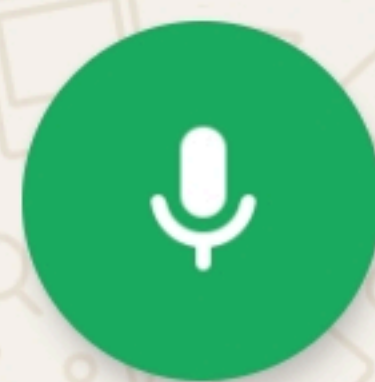
In summary, this is the final goodbye.

You will not have my forgiveness in life, nor in death. All I can hope for you is that you find purpose in meaning in the final remaining days of your life. Perhaps try volunteering....giving unto others without expectation of them doing unto you in return. Maybe there you will find some measure of absolution for yourself.

Do not contact me again in any way. If you attempt to, I will take whatever legal action is necessary to protect myself and my child. If you ever do get another visa and come to Australia, if you show



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and my child. If you ever do get another visa and come to Australia, if you show up at my door, I will immediately call the police and advise you are harassing and stalking me.

Venia non vi peti nec imperio dari potest, nec contra voluntatem dabitur.

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